PRESS INFORMATION BUREAU (DEFENCE WING) GOVERNMENT OF INDIA

'हर काम देश के नाम'

<u>New Delhi, Kartika 22, 1945</u> Monday, November 13, 2023

Army Medical Corps Officer Lt Col Sanjeev Malik creates history, clinches five gold medals in World Medicine and Health Games in Colombia

Army Medical Corps officer Lt Col Sanjeev Malik has made history by winning Five Gold Medals in 42nd World Medicine and Health Games in Colombia. He is presently posted in the President's Body Guards, Rashtrapati Bhawan, New Delhi.

His victories in the 800m, 1500m, 3000m, 5000m, and cross-country events make him the only athlete to achieve this feat in 2023 and one of a select few since the Games began in 1978. The DGAFMS Lt Gen Daljit Singh has congratulated Lt Col Malik for his spectacular performance and wished him more laurels in the future.

The World Medicine and Health Games, often regarded as the Olympic Games for Health Professionals, has evolved into the most prestigious global sporting event within the medical community. With a legacy dating back to 1978, the Games annually attract over 2,500 participants from more than 50 different nations. These healthcare professionals engage in approximately twenty sports disciplines, both individually and collectively, all while upholding the core values of Olympism. Lt Col Sanjeev's success not only highlights his personal excellence but also showcases the dedication of healthcare professionals globally, blending their medical expertise with athletic achievements. As the 42nd edition concludes, Lt Col Sanjeev stands as a symbol of inspiration in the world of health sports.

His monumental feat is not only reflective of his perseverance and dedication; it will also inspire thousands of Doctors across length and breadth of this country to pursue competitive sports. His triumph has enhanced prestige and image of our Doctor worldwide. His accomplishment has stamped this fact that doctors of India are not only dexterous with scalpels and stethoscopes; they can be ambassadors of fitness, too.

ABB/Anand